



SUNRISE

- King & Prince Breakfast 16
 2 eggs any style, bacon or sausage, grits or house potatoes, choice of toast **GFA**
- Eggs Benedict 15
 English muffin, Canadian bacon, poached egg, hollandaise, house potatoes
 Substitute: smoked salmon or crab cakes \$5

BAKE SHOP

- Muffin 5
 King and Prince, blueberry, cranberry & orange, lemon poppy seed
- Bagel 5
 (choice of: plain, cinnamon raisin, everything)
- Southern Style Biscuit 5
- ECHO Doughnuts 7
 tossed in cinnamon & sugar
- Jumbo Cinnamon Roll 7
 cream cheese icing

OMELET

- Three Egg Omelet 14
 choose 3: mushrooms, onions, tomatoes, peppers, cheddar, ham, sausage or bacon, served with grits or house potatoes **GF**
- Georgia Omelet 16
 spinach, sundried tomatoes, mushrooms, ham, gouda, served with grits or house potatoes **GF**
- * Seafood Omelet 18
 crab, Wild Georgia Shrimp, gouda, served with grits or house potatoes **GF**

A LA CARTE

- Your Choice 6
 2 eggs (any style) bacon strips
 sausage patties turkey sausage
 grits potatoes
 cheese grits sausage gravy
 Greek yogurt
- Cereal 6
 (Corn Flakes, Special K, Honey Nut Cheerios, Raisin Bran, Frosted Mini-Wheats)

SOUTHERN GEORGIA FAVORITES

- Shrimp & Grits 19
 gouda grits, sautéed Wild Georgia Shrimp, poached egg, hollandaise **GF**
- Southern Biscuits with Gravy 12
 served with 2 eggs any style, biscuits, homemade sausage gravy

CROISSANT BREAKFAST SANDWICHES

- American cheese, scrambled eggs, house potatoes
 Bacon, Egg, & Cheese 12
- Sausage, Egg, & Cheese 12
- Egg & Cheese 10

HEALTH & WELLNESS

- * Smoked Salmon Plate 16
 capers, boursin, egg, red onion, tomato, toasted bagel **GFA**
- Warm Peach Parfait 12
 warm peaches, yogurt, house granola **GF**
- Steel-Cut Oatmeal 10
 add: \$3 each (berries, bananas, or warm peaches) **GF**

IRON & GRIDDLE

- Buttermilk Pancakes 13
 whipped butter, maple syrup, served with bacon or sausage
 add: \$3 each (strawberries, bananas, chocolate chips, or blueberries)
- Belgian Style Waffle Napoleon 13
 honeycomb, whipped butter, maple syrup, served with bacon or sausage
- Praline French Toast 15
 grilled brioche topped with pecan praline syrup & whipped cream, served with bacon or sausage

- * Steak & Eggs mkt.
 Chef's Cut, 3 eggs any style, house potatoes, choice of toast **GFA**

BEVERAGES

- King and Prince Royal Blend Coffee 4
Our exclusive blend is roasted by Wake Up Coffee Co. here on Saint Simons Island. Available for purchase in our gift shop
- Hot tea (earl grey, chamomile, English breakfast, cranberry apple, cinnamon apple, green tea, black tea) . 4
- Espresso or Americano 5
- Juice (orange, grapefruit, apple, cranberry, tomato, or V8) 4
- Milk (whole, 2%, soy, or skim) 4

* Advisory: The consumption of raw or undercooked food such as meat, poultry, fish, shellfish, or eggs which contain harmful bacteria, may cause serious illness. Individuals with certain health conditions may be at higher risk if these foods are consumed raw or undercooked.

GF indicates gluten free items **GFA** indicates gluten-free option is available