



HOME OF THE EGGS BENEDICT

- Eggs Benedict 15
English muffin, Canadian bacon, poached egg,
Hollandaise, house potatoes
Substitute: smoked salmon or crab cakes \$2
GFA
- King & Prince Spa Benny 13
avocado, spinach, arugula, tomato, poached egg,
Hollandaise
GF

CROISSANT BREAKFAST SANDWICHES

- American cheese, scrambled eggs, house potatoes **GFA**
substitute: gouda \$2
- Ham, Egg, & Cheese 11
- Bacon, Egg, & Cheese 11
- Sausage, Egg, & Cheese 11
- Egg & Cheese 11

SOUTHERN GEORGIA FAVORITES

- Shrimp & Grits 17
gouda grits, sautéed Wild Georgia Shrimp, poached
egg, Hollandaise
GF
- Southern Biscuits with Gravy 11
served with 2 eggs any style, biscuits, homemade
sausage gravy

- Garden Grit Bowl 13
spinach, mushrooms, tomatoes, onions, peppers,
scrambled eggs, cheddar cheese, biscuit
GFA
- Eggs Low Country 16
Wild Georgia Shrimp, andouille sausage, sweet corn,
potatoes, fried egg, choice of bread
GFA

HEALTH & WELLNESS

- East Beach Frittata 11
egg white frittata with tomatoes, spinach, squash, and
zucchini, garnished with frisée salad, pomegranate,
smoked gouda, sunflower seeds, & lemon vinaigrette
GF
- Smoked Salmon Plate 14
capers, boursin, eggs, red onion, tomatoes, toasted
bagel
- Warm Peach Parfait 11
warm peaches, yogurt, house granola
GF
- Berry Parfait 11
mixed berries, yogurt, house granola
GF

- Seasonal Fruit & Berry Plate 11
served with a muffin & yogurt
GFA
- Selection of Seasonal Berries 10
GF
- Steel-Cut Oatmeal 7
add: \$3 each (berries, bananas, or warm peaches)
GF
- House Granola 8
GF
- Breakfast Smoothies From The Bar 9
Super Food: Greek yogurt, banana, kale, blueberries, orange juice
Peanut Butter Banana: Greek yogurt, peanut butter, banana, honey
GF

BAKE SHOP

- Muffin 5
Chef's daily selection
- Bagel 5
(choice of: plain, cinnamon raisin, everything)
- Southern Style Biscuit 5
- Croissant 5
(choice of: plain or chocolate)

- ECHO Doughnuts 7
cinnamon sugar waffle bites, chocolate dipping sauce
- Jumbo Cinnamon Roll 7
cream cheese icing
- Toast 5
white, wheat, rye, sourdough, cinnamon raisin
GFA

*Advisory: The consumption of raw or undercooked food such as meat, poultry, fish, shellfish, or eggs which contain harmful bacteria, may cause serious illness. Individuals with certain health conditions may be at higher risk if these foods are consumed raw or undercooked.

GF indicates gluten free items **GFA** indicates gluten-free option is available

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SUNRISE

Bed & Breakfast 17
eggs or pancakes, fruit bowl, bacon or sausage, grits or house potatoes, toast, juice or milk, & coffee

GFA

Rancher's Breakfast 17
biscuit, bacon, sausage, potatoes, scrambled eggs, smothered with our house sausage gravy

GFA

King's Breakfast 16
two pancakes, two eggs, bacon or sausage, grits or house potatoes, toast, & miniature parfait

BREAKFAST WRAPS

Mediterranean 15
Wild Georgia Shrimp, Greek olives, onions, sundried tomatoes, feta, scrambled eggs, flour tortilla, served with side of mixed fruit

GFA

Produce Stand 12
broccoli, arugula, tomatoes, onions, mushrooms, gouda, scrambled eggs, flour tortilla, served with side of mixed fruit

GFA

IRON & GRIDDLE

Buttermilk Pancakes 13
honeycomb, whipped butter, maple syrup, served with bacon or sausage
add: \$3 each (strawberries, bananas, chocolate chips, or blueberries)

Steak & Eggs mkt.
Chef's choice of cut, 2 eggs any style, house potatoes or grits, choice of toast, Hollandaise

Belgian Style Waffle Napoleon 13
honeycomb, whipped butter, maple syrup, served with bacon or sausage

Praline French Toast 15
grilled brioche topped with pecan praline syrup & whipped cream, served with bacon or sausage

OMELETS

Georgia Omelet 15
spinach, sundried tomatoes, mushrooms, ham, gouda, served with grits or house potatoes & miniature parfait

GF

Seafood Omelet 16
crab, Wild Georgia Shrimp, gouda, served with grits or house potatoes & miniature parfait

GF

Veggie Omelet 14
spinach, tomatoes, mushrooms, onions, peppers, cheddar, served with grits or house potatoes & miniature parfait

GF

BLT Omelet 14
bacon, arugula, tomatoes, boursin, served with grits or house potatoes & miniature parfait

GF

A LA CARTE

Your Choice 6
2 eggs (any style) bacon strips
sausage patties turkey sausage
grits potatoes
cheese grits sausage gravy
Greek yogurt half grapefruit

Cereal 6
(Corn Flakes, Special K, Honey Nut Cheerios, Raisin Bran, Frosted Mini-Wheats)

BEVERAGES

Coffee 4
Hot tea (lemon, Earl Grey, Egyptian chamomile, English breakfast, berry white, mint green, black tea) 4
Espresso, Latte, or Americano 5
Juice (orange, grapefruit, apple, cranberry, tomato, or V8) 4
Milk (whole, 2%, or skim) 4

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